

April 27, 2020: Overtone Singing and the Diaphragm

Students should watch two videos on YouTube about overtone singing and diaphragm singing. Complete attached worksheets. Each worksheet is worth 12 points. **DUE MAY 1, 2020**

Video 1: polyphonic overtone singing - explained visually <https://www.youtube.com/watch?v=UHTF1-lhuC0>

Video 2: Learn to SING from the DIAPHRAGM | Singing MYTH EXPOSED | <https://www.youtube.com/watch?v=YGHcguwsEEo&t=11s>

Name: _____

Period: _____

Date: 5/1

Video 1- Polyphonic Overtone Singing <https://www.youtube.com/watch?v=UHTF1-lhuC0>

1. What is the woman's name in the video?

2. What is overtone singing?

3. What is the "fundamental" tone?

4. How many overtones are there?

5. Watch the singer closely throughout the video. What is she doing to change the overtones?

6. What is one thing you found interesting OR one question you have about this video?

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Video 2- Learning to Sing with the diaphragm

<https://www.youtube.com/watch?v=YGHcguwsEEo&t=11s>

1. Where is the diaphragm located and what shape is it?

2. True or False: You can directly control your diaphragm?

3. What do you need to do with the abdominal muscles in order to inhale?
 1. Relax them
 2. Push them out.
 3. Push them in.

4. Dr. Dan says we sing with our “ _____, _____, and _____.”

5. What is one similarity and one difference between Dr. Dan’s breathing exercise and the breathing exercises we usually do?

6. What is one thing you found interesting OR one question you have about this video?